

ಕರ್ನಾಟಕ



ಸರ್ಕಾರ

ಮಕ್ಕಳ ರಕ್ಷಣಾ ನಿರ್ದೇಶನಾಲಯ ಮೂರನೇ ಮಹಡಿ, ವಿಶ್ವೇಶ್ವರಯ್ಯ ಚಿಕ್ಕಗೋಪುರ,
ಡಾ|| ಬಿ.ಆರ್. ಅಂಬೇಡ್ಕರ್ ವೀದಿ, ಬೆಂಗಳೂರು-560001, ಕರ್ನಾಟಕ

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ಸಂಖ್ಯೆ: ಮರನಿ/ಮರ/ಕೋವಿಡ್-19/04-39/2020-21

ದಿನಾಂಕ:02.06.2021

ಜಿಲ್ಲಾಧಿಕಾರಿಗಳು ಹಾಗೂ ಅಧ್ಯಕ್ಷರು,
ಜಿಲ್ಲಾ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಘಟಕ,
ಎಲ್ಲಾ ಜಿಲ್ಲೆಗಳು.

ಮಾನ್ಯರೇ,

ವಿಷಯ: ಕೋವಿಡ್-19 2ನೇ ಅಲೆಗೆ ಸಂಬಂಧಿಸಿದಂತೆ ಮಕ್ಕಳ ಪಾಲನಾ
ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಅನುಸರಿಸಬೇಕಾದ ಪ್ರಮಾಣಿತ ಕಾರ್ಯಚರಣೆ
ವಿಧಾನಗಳನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳುವುದರ ಬಗ್ಗೆ.

- ಉಲ್ಲೇಖ: 1) ಈ ಕಛೇರಿಯ ಪತ್ರ ಸಂಖ್ಯೆ:ಮರನಿ/ಮರ/ಕೋವಿಡ್-19/4-18/
21-22/136, ದಿನಾಂಕ:18-05-2021.
- 2) ಆಯುಕ್ತರು, ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆ ಪತ್ರದ
ಸಂಖ್ಯೆ:ಎನ್‌ಬಿಬಿಡಿಪಿ/ಇಎಸ್‌ಟಿ/7ಬಿ/ಕೋವಿಡ್-19/ 2021-
22, ದಿನಾಂಕ:29-05-2021.

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ಮೇಲ್ಕಂಡ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖ (1)ರನ್ವಯ ಸಮಗ್ರ ಮಕ್ಕಳ ರಕ್ಷಣಾ ಯೋಜನೆಯಡಿಯಲ್ಲಿ
ಬಾಲನ್ಯಾಯ(ಮಕ್ಕಳ ಪಾಲನೆ ಮತ್ತು ರಕ್ಷಣೆ) ಕಾಯ್ದೆ, 2015ರ ಅಡಿಯಲ್ಲಿ ನೋಂದಾಯಿಸಲ್ಪಟ್ಟ ಎಲ್ಲಾ ಮಕ್ಕಳ
ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಕೋವಿಡ್-19ರ 2ನೇ ಅಲೆಯ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಅನುಸರಿಸಬೇಕಾದ ಸ್ಟ್ಯಾಂಡರ್ಡ್
ಆಪರೇಟಿಂಗ್ ಪ್ರೋಸೀಜರ್ ಒದಗಿಸಲು ಆಯುಕ್ತರು, ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆ, ಬೆಂಗಳೂರು
ಇವರನ್ನು ಕೋರಲಾಗಿತ್ತು.

ಅದರಂತೆ, ಉಲ್ಲೇಖ (2)ರ ಪತ್ರದಲ್ಲಿ ಕೋವಿಡ್ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಮಕ್ಕಳ
ಪಾಲನೆ ಹಾಗೂ ರಕ್ಷಣೆ ಕುರಿತಂತೆ ಅನುಸರಿಸಬೇಕಾದ ಕೋವಿಡ್ ಮುಂಜಾಗ್ರತಾ ಕ್ರಮಗಳ ಕುರಿತು ಪ್ರಮಾಣಿತ
ಕಾರ್ಯಚರಣೆ ವಿಧಾನವನ್ನು (SOP) ಸಿದ್ಧಪಡಿಸಿ ಸಲ್ಲಿಸಿದ್ದು, ಸದರಿ ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ
ಇಲಾಖೆಯಿಂದ ಅನುಮೋದಿಸಲ್ಪಟ್ಟ ಸ್ಟ್ಯಾಂಡರ್ಡ್ ಆಪರೇಟಿಂಗ್ ಪ್ರಕ್ರಿಯೆಯನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ
ಲಗತ್ತಿಸಿ ಕಳುಹಿಸಲಾಗಿದೆ.

ಸದರಿ ಪ್ರಮಾಣಿತ ಕಾರ್ಯಚರಣೆ ವಿಧಾನಗಳನ್ನು ಎಲ್ಲಾ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಪರಿಣಾಮಕಾರಿ
ಅನುಷ್ಠಾನಗೊಳಿಸಿ, ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಮಕ್ಕಳು ಕೋವಿಡ್ ನೋಂಕಿತರಾಗದಂತೆ ಕಟ್ಟುನಿಟ್ಟಾದ
ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳಲು ಸಹಾ ಕೋರಿದೆ.

ತಮ್ಮ ವಿಶ್ವಾಸಿ,


ನಿರ್ದೇಶಕರು,

02.06.2021

ಮಕ್ಕಳ ರಕ್ಷಣಾ ನಿರ್ದೇಶನಾಲಯ,
ಬೆಂಗಳೂರು.

E/Covide-19 2nd Ale

ಸಂಕಷ್ಟದಲ್ಲಿರುವ ಮಕ್ಕಳು ಕಂಡು ಬಂದಲ್ಲಿ ಕರೆ ಮಾಡಿ ಮಕ್ಕಳ ಸಹಾಯವಾಣಿ-1098



ಪ್ರತಿಯನ್ನು:

1. ಎಲ್ಲಾ ಜಿಲ್ಲೆಯ ಜಿಲ್ಲಾ ಮಕ್ಕಳ ರಕ್ಷಣಾಧಿಕಾರಿಗಳ ಮಾಹಿತಿಗಾಗಿ
2. ಎಲ್ಲಾ ಜಿಲ್ಲೆಯ ಅಧ್ಯಕ್ಷರು ಮತ್ತು ಸದಸ್ಯರು, ಬಾಲನ್ಯಾಯ ಮಂಡಳಿ/ಮಕ್ಕಳ ಕಲ್ಯಾಣ ಸಮಿತಿಗಳಿಗೆ ಮಾಹಿತಿಗಾಗಿ
3. ಎಲ್ಲಾ ಜಿಲ್ಲೆಯ ಅಧೀಕ್ಷಕರು, ಸರ್ಕಾರಿ/ಸರ್ಕಾರೇತನ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳು ಇವರ ಮಾಹಿತಿಗಾಗಿ
4. ಶಾಖಾ ರಕ್ಷಣಾ ಕಡತ
5. ಕಛೇರಿ ಪ್ರತಿ



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ಆಯುಕ್ತಾಲಯ

ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಸೇವೆಗಳು
ಕನ್ನಡ ಕಾರ್ಯಕ ವರ್ಷಾಚರಣೆ

ಸಂಖ್ಯೆ: ಎನ್‌ವಿಬಿಡಿ ಸಿಪಿ/ಈಎಸ್‌ಡಿ/7ಬಿ/ಕೋವಿಡ್‌19/2020-21

ದಿನಾಂಕ: 29.05.2021

ನಿರ್ದೇಶಕರು

ಮಕ್ಕಳ ರಕ್ಷಣಾ ನಿರ್ದೇಶನಾಲಯ

ಬೆಂಗಳೂರು.

ವಿಷಯ: ಕೋವಿಡ್ 19 ಎರಡನೇ ಅಲೆಯು ವ್ಯಾಪಕವಾಗಿ ಹರಡುತ್ತಿರುವ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಅನುಸರಿಸಬೇಕಾದ ಪ್ರಮಾಣಿತ ಕಾರ್ಯಾಚರಣೆ ವಿಧಾನವನ್ನು ಒದಗಿಸುತ್ತಿರುವ ಕುರಿತು.

- ಉಲ್ಲೇಖ: 1) ನಿಮ್ಮ ಕಛೇರಿಯ ಪತ್ರ ಸಂಖ್ಯೆ : ಮರನಿ/ಮರ/ಕೋವಿಡ್‌19/4-18/21-22/136
2) ಕೋವಿಡ್ 19 ರಾಜ್ಯ ಮಟ್ಟದ ತಾಂತ್ರಿಕ ಸಲಹಾ ಸಮಿತಿ 106ನೇ ಸಭೆಯ ನಡಾವಳಿಗಳು, ದಿನಾಂಕ: 26.05.2021.

ಕೋವಿಡ್ 19 ಎರಡನೇ ಅಲೆಯು ತೀವ್ರವಾಗಿ ಹರಡುತ್ತಿರುವ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಮಕ್ಕಳ ಪಾಲನೆ, ರಕ್ಷಣೆ ಹಾಗೂ ಪೋಷಣೆ ಕುರಿತಂತೆ ಅನುಸರಿಸಬೇಕಾದ ಪ್ರಮಾಣಿತ ಕಾರ್ಯಾಚರಣೆ ವಿಧಾನವನ್ನು (ಎಸ್.ಒ.ಪಿ) ಸಿದ್ಧಪಡಿಸಲಾಗಿದ್ದು, ಅನುಬಂಧದಲ್ಲಿ ಲಗತ್ತಿಸಿದೆ.

ಮಕ್ಕಳ ಪಾಲನಾ ಸಂಸ್ಥೆಗಳಲ್ಲಿರುವ ಮಕ್ಕಳ ಸುರಕ್ಷತೆಯ ದೃಷ್ಟಿಯಿಂದ, ಸದರಿ ಮಾರ್ಗಸೂಚಿಯಲ್ಲಿ ತಿಳಿಸಿರುವ ಕ್ರಮಗಳನ್ನು ಸಮಗ್ರವಾಗಿ ಹಾಗೂ ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಅನುಷ್ಠಾನಗೊಳಿಸುವಿರೆಂದು ಆಶಿಸುತ್ತೇನೆ.

ತಮ್ಮ ವಿಶ್ವಾಸಿ,

(ಡಾ: ಕೆ.ಬಿ. ಶ್ರೀಲೋಕ ಚಂದ್ರ)

ಆಯುಕ್ತರು

ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಸೇವೆಗಳು

GOVERNMENT OF KARNATAKA
DEPARTMENT OF HEALTH & FAMILY WELFARE

Advisory for Child Care Institutions(CCI) in the context of 2nd wave of COVID 19

29th MAY 2021

In view of ongoing 2nd wave of COVID 19 pandemic, the following health advisory is issued for Children's Homes (CH), Specialized Adoption Agencies (SAA), Observation Homes (OH), Special Homes (SH) and Places of Safety (PoS).

1. Responsibility of the Facility manager/ caregiver

1.1 A nodal person shall be designated from the facility to co-ordinate COVID-19 related activities in the premises and liaise with the health department for advice from time to time.

1.2 The management shall create awareness about COVID-19 to the staff and residents through training and IEC activities in the facility. IEC materials shall be displayed in local languages in all prominent places and easy to understand formats including Braille and audible tapes for persons with visual impairment.

1.3 Daily observation of residents and staffs for COVID-19 symptoms shall be done.

- A person shall be designated and trained to undertake screening for all staff and visitors by holding the thermal scanner from 3 to 15 cm away from the forehead. If temperature is $\geq 37.5^{\circ}\text{C}$ ($\geq 99.5^{\circ}\text{F}$) such staff shall not be allowed for work.
- If any staff has fever, cough, cold, throat pain, loss of smell, loss of taste, diarrhea and breathing difficulty they shall not be permitted to work and shall visit nearest hospital/fever clinic or dial Apathmitra helpline 14410.
- Assess health status of each resident daily for the development of fever, cough, cold, throat pain, difficulty in breathing, etc. . Residents with fever or respiratory symptoms should contact Apathmitra helpline "14410" or visit the nearby fever clinic/hospital for medical consultation.
- Limit entry of visitors unless it is essential. In such situations, compulsory use of face mask, hand washing, and physical distancing of 2 meters shall be followed. Encourage virtual meetings through video calls.
- The facility shall have a separate room for isolation with supplies of pulse oximeter, digital thermometer, etc.

1.4 Ensure adequate supplies of alcohol-based hand rub and availability of soap and water. Sanitizers shall be made available at entry, exits and appropriate places.

1.5 Ensure adequate supplies of tissue paper and closed bins for safe waste disposal.

1.6 Regularly review infection prevention control practices (hand hygiene, cough etiquette and physical distancing) among staff and residents.

1.7. All those above 18yrs of age shall receive COVID-19 vaccination on priority at the nearest COVID-19 vaccination centers(CVC)

1.8. The facility incharge shall coordinate with local health authorities and identify a suitable hospital that has facility for managing COVID-19 in children.

2. General considerations for the residents/staff

2.1 Residents/staff shall follow hand hygiene frequently with soap and water or alcohol-based hand-sanitizer (**Annexure 1**)

2.2 Residents/staff shall maintain cough etiquette; they are advised to cover their mouth and nose with a tissue paper/handkerchief when they sneeze/cough. Used tissue papers shall be disposed in closed dustbins. If they don't have tissue paper/hand kerchief they should cover mouth and nose by the folded elbow while coughing and sneezing.

2.3 Maintaining a physical distance of 2 meters shall be made mandatory within the premises. Avoid group activities as far as possible, if required ensure physical distancing.

2.4 All the residents/staff shall wear face mask.

2.5 Stagger meal-time to ensure physical distance is maintained between residents. If not feasible, close dining halls and serve individual meals in their rooms.

2.6 Kitchen shall be well ventilated & cleanliness must be maintained. All perishable items used in food preparation shall be washed well before use.

2.7 Preferably, single room occupancy with attached bathroom facility shall be provided to the residents. In case of double or more occupancy, maintain at least 1-2 meters distance between the cots/ beds.

2.8. All rooms shall have good natural ventilation and lighting. All the windows and doors (as feasible) shall kept open for good air circulation. Mechanical ventilation using ceiling and pedestal fans is recommended.

2.8 All those residing in these facilities are high risk individuals who are prone for anxiety, depression or other psychiatric problems which needs to be addressed by mental health professionals. District Health officer may be contacted for any support.

3 Others:

3.1 Food Hygiene

- Food-handlers shall wear facemask, face-shield, hand gloves, head-cap, and apron. The facemask should cover nose and mouth properly.
- Food handlers should be tested for COVID 19 through RT – PCR, once in 15 days.
- Frequent hand-wash with soap and water or alcohol-based hand-rub shall be practiced.
- Food handlers shall maintain cough etiquette.

3.2 Cleaning practices

- All frequently touched surfaces (e.g., light switches, door handles, bed rails, bed tables, phones), training and physiotherapy equipments shall be disinfected using Lysol IP (50% Cresol and 50% Liquid soap) or 1% Sodium Hypochlorite solution (see **Annexure – 2** for preparation) daily and when soiled.
- Accommodations and bathrooms/ urinals shall be disinfected on a daily basis, based on MoHFW guidelines-
<https://www.mohfw.gov.in/pdf/Guidelinesondisinfectionofcommonpublicplacesincludingoffices.pdf>
- Biomedical waste shall be collected in closed containers preferably in yellow liner and handed over to CBWTF or any identified agency by the local authorities.

3.3 Laundry

- Machine washing with warm water at 60–90°C (140–194°F) with laundry detergent is recommended. The washed clothes shall then be sun-dried.
- If machine washing is not possible, clothes shall be soaked in hot water and detergent for 30 minutes. Then the clothes shall be rinsed with clean water and sun-dried.

4. Protocol for new entrant:

- 4.1 Proper travel history and other details shall be elicited.
- 4.2 Designated person will undertake screening for new entrants by holding the thermal scanner from 3 to 15 cm away from the forehead. If temperature is $\geq 37.5^{\circ}\text{C}$ ($\geq 99.5^{\circ}\text{F}$) or if the child has fever, cough, cold, throat pain or breathing difficulty, such entrant shall be referred to nearest hospital/fever clinic or dial Apathmitra helpline 14410.
- 4.3 If the child is asymptomatic, an RT-PCR test shall be conducted and following negative test report shall be admitted to the facility.

5 Action to be taken on detection of Suspect/confirmed COVID -19 case in the facility:

- 5.1 If resident develop symptoms of COVID-19 such as fever, cough, difficulty in breathing, etc. he/she should be immediately moved to an area away from other individuals. If possible, find a room or area where they can be isolated behind a closed door, open the window for ventilation wherever possible.
- 5.2 The resident who is unwell should be provided with N-95 facemask. While they wait for medical advice, they should avoid any contact with other residents, avoid touching people, surfaces, and objects. They shall be advised to cover their mouth and nose with a disposable tissue when they cough or sneeze and then dispose the tissue in a closed bin. They shall follow cough etiquette, hand hygiene practices and physical distancing from other residents.
- 5.3 The symptomatic resident shall be tested preferably by RAT and if found positive they shall be isolated and managed as per state protocol. If the result is negative, then additional swabs are taken for RT-PCR testing.

- 5.4 Once a confirmed case is detected in the facility, shift to COVID hospital and co-ordinate with the district health authorities in carrying out contact listing and tracking as per the guidelines of Government of Karnataka.
- 5.5 All the contacts of the confirmed case as listed by health authorities will be quarantined as per the advisory of Government of Karnataka.
- 5.6 If a mother who is minor(<18yrs) is COVID positive, then she shall be shifted to COVID hospital along with her baby. She shall continue to breast feed with precautions.
- 5.7 Entire room/block/facility shall be disinfected including all surfaces, floors, lifts, railings, stairs desks, vehicles etc. using 1% sodium hypochlorite and shall be re-used after 24 hours. There is no need to close or seal-down the facility by the authorities.
- 5.8 If the facility continues to report new COVID-19 cases in the following days, District health authority/BBMP shall further investigate and recommend further action on a case-to-case basis.
- 5.9 After the resident is free from symptoms, fully recovers and discharged from the hospital, he/she shall be allowed to stay in facility.

All the orders/ guidelines/ circulars /SOPs issued from Government of India and Government of Karnataka from time to time are applicable.

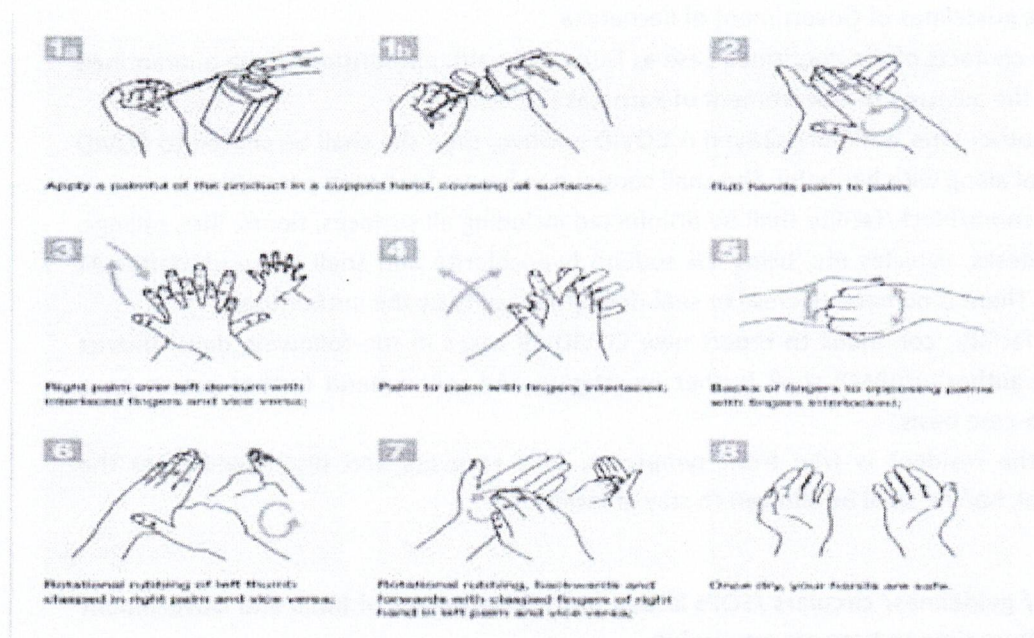
Copy for necessary action:

1. DC/CEO/SP's of all districts.
2. DS/DHO/RCHO/DSO's of all districts.

Copy for information:

1. Additional Chief Secretary, GoK, H&FW, Bengaluru.
2. OSD, SSU COVID-19.
3. Mission Director, NHM, Bengaluru.
4. Director, H&FWS, Bengaluru.
5. Project Director, RCH, Bengaluru.
6. Project Director, IDSP, Bengaluru.
7. Joint Director, CMD, Bengaluru.

Annexure 1: Hand hygiene



Annexure 2: Guidelines for Preparation of 1% sodium hypochlorite solution and Lysol

Product	Available chlorine	1percent
Sodium hypochlorite - liquid bleach	3.5%	1-part bleach to 2.5 parts water
Sodium hypochlorite - liquid	5%	1-part bleach to 4 parts water
NaDCC (sodium dichloroisocyanurate) powder	60%	17 grams to 1-liter water
NaDCC (1.5 g/ tablet) - tablets	60%	11 tablets to 1-liter water
Chloramine - powder	25%	80 g to 1-liter water
Bleaching powder	70%	7g g to 1-liter water
Lysol for disinfection Lysol IP (50% Cresol and 50% Liquid soap)		2.5% Lysol (1 litre of Lysol in 19 litres of water)
Any other	As per manufacturer's Instructions	

For COVID related queries please contact:

Ambulance: 108; Bed Allocation & other queries in BBMP: 1912

Apthamitra helpline: 14410

Toll Free Health Helpline- Arogya Sahayvani: 104

NIMHANS counselling helpline: 080-46110007

GoK Website on COVID-19: <https://covid19.karnataka.gov.in/>

For Home isolation/Home care video of Government of Karnataka:

<https://covid19.karnataka.gov.in/storage/gallery/Video%20Gallery/Home-Isolation-English.mp4>

For COVID related videos please visit Jagruti Karnataka https://www.youtube.com/channel/UC-jj_NNwB9m8_OocGo1Zfcg